

Take a moment to

arohia te taiao notice nature



Fun spring ideas to get kids outside

Hunt for critters

Hunt for ngarara/insects...

- in the leaf litter
- underneath bark
- among plants (check under leaves)
- in a worm farm or compost
- rockpools at the beach
- under rocks in the river.

**Be sure to replace rocks gently!*

You could try to...

- photograph or draw your ngarara/insects
- identify your ngarara/insects using the iNaturalist app.



Race leaf boats

Float a leaf boat on your local awa/river or stream. There are so many fun 'boats' to try.

- Use sticks and leaves.
- Make a harakeke/flax boat.
- Make mini rafts.
- Play 'pooh sticks'.



Get outside – whatever the weather

Feel the wind with Tāwhiri-mātea

- Fly a kite.
- Use an old sheet, t-shirt or cloth to catch the wind – hold the corners and let it billow out.

Experience the exhilaration of rain

- Go for a gumboot walk.
- Splash in puddles!
- Open your mouth to the sky for a refreshing drink.
- Cup your hands to catch the rain.



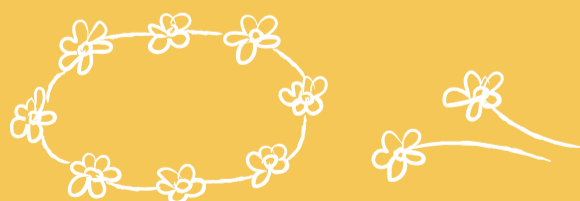
Get crafty in nature

Create a posy, crown, 'ei Katu, tipare/flax headband or wreath

Which one will you make?

- Make a mini bunch of flowers to gift or keep
- Weave a harakeke tipare/flax headband
- Make an 'ei Katu or a lei po'o
- Make a daisy chain
- Make a leaf crown

Cut out a length of card from a cereal box to fit around your head and stick the ends together. Decorate with ferns, leaves or flowers.



Discover somewhere new

Hunt out a new place to discover nature

This could be...

- a new park, beach or papa purei/playground
- your local ngahere/bush or reserve
- a track you've never walked
- a awa/river you haven't been to for a while.

What did you enjoy most about your new special place?

Who would you like to take next time to explore it with you?



For instructions, links and inspiration, check out www.doc.govt.nz/KidsOutside

Win a prize pack! To enter, show us or tell us what you did. **#KidsOutsideNZ**

