

Kēmu wharewhare taiao



Kāri
Ngohe
Taiao

Mā te ako ka mōhio, mā te mōhio kā mārama,
mā te mārama ka mātatau.



WHAREWARE Ā-TAE, Ā-ĀHUA



Whareware ā-tae, ā-āhua

- Hangaiā he whārangi wharewhare, kia rerekē ngā tae, me ngā āhua. Waihotia ētahi wāhanga mō ngā kitenge hou.
- Haria tāu whārangi wharewhare ki waho, ka whakakīhia ngā wāhanga ki ngā tūmomo tae, me ngā āhua kitea ai koe.
- He aha ngā mea mīharo ? rerekē? Ōrite? i kitea e koe.



Wharewhare kapua



- Hangaiā he whārangi wharewhare, kia rerekē ngā tae, me ngā āhua.
- Takoto ka mātirotiro ki te rangi.
- Tukuna mā ōu whakaaro e hanga kōrero pohewa mā te mātaki i ngā āhua o ngā kapua.

Wharewhare tairongo tipu

- Tikiake i tēnei rauemi plant sensory bingo table hangaiā tāu ake.
- Haria ngā whārangi wharewhare ki waho, hei mahinga takitahi, takirua, takiroopu rānei. Torotoro atu, rīkoatatia āu/ ā koutou kitenge. Whakatenatena i ngā tamariki kia kohikohi rau, putiputi, kākano hoki.
- Whakamahia ōu tairongo - kapo ake he tipu he rau hoki (kaua e kai).

An A4 printable version of this plant bingo sheet can be found here:
www.doc.govt.nz/education-nativetrees (pg 28).



Department of
Conservation
Te Papa Atawhai

New Zealand Government



Healthy Nature
Healthy People

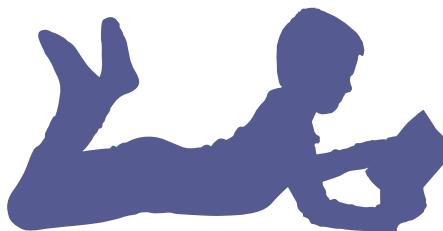
KA TŪHONO KI TE MARAUTANGA

Ngā Toi

- Waihanga he mahinga toi e whakaatu ana tāu i kitea ai, i pā ai, i rongo ai hoki.
- Hangaia he miringa rau.
- Whakamahia whakaahua o ngā mea i kimihi e koe i te taiao ka hanga he whakaaturanga toirau o ngā tūmomo tae, āhua o taua wāhanga o te taiao.
- Whakamahia whakaahua o ngā mea i kimihi e koe i te taiao ka tā pikitia o te taiao.

Reo

- Whakamahia ngā rauemi i kohikohia kia hanga he rotarota tae.
- He aha tētahi kotahi hei whakamārama i āu kitenga, mai ngā taonga e rima e mīharo ana ki a koe?
- Kimihia ngā whārite hei whakamārama i ngā mea i kitea e koe.
- Kohikohia āu kupu o te taiao hei hanga punga kupu.



Hauora

- Rangahautia ngā orange o ngā tipu mō tō mātau tinana, he aha ēnei āhuatanga whakaora?
- Hangaia he ngoe ‘rapu ka kimi’. Ko wai i kitea ngā mea nui ake, iti iho, mīharo rawa?

Pūtaiao

- Te Reo Taio booklet <https://www.doc.govt.nz/get-involved/conservation-education/resources/kia-kaha-te-reo-taiao-posters-and-booklet/>
- Wherawhera i āu taonga ki a rātau roopu (ora – mate rānei)
- Āta titiro ki ngā pikitia/whakaahua o tōu hoa. Matapakihiā āu matapae mō taua wāhi taiao o roto i ngā whakaahua kua hopukina. (Ko tēhea ngā tipu, taketake ki Aoteroa nei/kai/Rongoa/whakauruhia? He aha ngā kararehe/manu/ngārara e noho ana ki ēnei tūmomo tipu? Ka pēhea rātau e whakamahi hei painga?)

Pangarau

- Tā / whakamāramatia ngā huanga o ngā mea i kimihi e koe ki waho. (ngā taha, ngā kokonga, nga huringa, ngā rārangi, ngā tapa hoki).
 - Kei te kitea he ūritetanga? He aha ngā ūritetanga?
 - Kei te kitea he rerekētanga? He aha ngā rerekētanga?
 - He aha ngā tūāhuatanga tino ūrite o ēnei kitenga?
 - He ūrite katoa ngā taha, ngā tapa me ngā kokonga?
- Mā te whakamahi i ngā kohinga o te taiao, āta tirohia ngā āhua, ngā ūritenga hoki. (hei tauira te porohitatanga o ngā putiputi).
- Whakamahia ngā whakaahua ka tirohia ngā hangaritetanga o ngā rahi, ngā tae, ngā āhua me ngā taumaha.

FIVE WAYS TO WELLBEING

