Outdoor learning kit Hangaia he kete tūhono taiao



Connect to nature, let ourselves be still, let ourselves feel alive'



'Tūhono ki te taiao, e tau ai te mauri, e ora ai te mauri'

These tools support any of the learning in nature activity cards. Create these tools with your students to help you teach outside and your students to learn in nature.

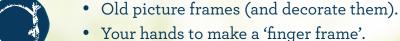
FRAMING NATURE



Nature frames help focus our attention. They are a simple way of shifting the way we see things.



- 1 Create a class set of frames using -
 - Recycled card, boxes, scrap paper.
 - Wool or string.
 - Materials from nature (e.g. harakeke and sticks).



- Four hands to make a linger frame.
- 2 Take your frames outside and frame nature.
 - You could make a 1mx1m frame on the ground out of string and do this activity as a group, or a 5mx5m frame and get the whole class involved.
- 3 Frames can also be used to frame drawings or photos of your findings and experiences for the class walls or gifts for whānau.







TREASURE CONTAINERS



Collect treasures you find while out exploring in nature.

Create Treasure container

- Reuse old shoe boxes, paper bags, containers. You can decorate them with drawings or pressed leaves and PVA.
- Make a paper funnel/cone.
- Make a paper origami box.
- Work with experts to sew or weave a bag or kete/basket.

MAKE A NATURE JOURNAL

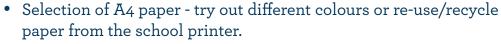


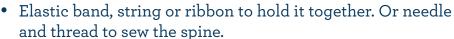
A class set of nature journals provides a great tool to record your discoveries, or tune in, focus and be mindful.

Materials needed



• Cardboard (e.g. recycle a box from the supermarket) cut into a size slightly bigger than A4.





- Envelope (A5 or smaller) or make one from an A4 sheet.
- Glue or stapler.
- Pens, pencils, crayons.

Make your journal

- 1 Fold the cardboard and A4 pages in half to make a book.
- 2 Secure with a rubber band or string or sew it.
- 3 Staple or glue the envelope inside the back cover a handy pocket for pencils or treasure.
- 4 Personalise or decorate.

FIVE WAYS TO WELLBEING













