

He taonga taiao



Kāri
Ngohe
Taiao

E ngā ihi, e ngā wehi tēnei ka tākina ake te mauri,
e ora ai te mauri, e tau ai te mauri. Whano,
whano tū mai te mauri, haumie, hui taiki e.



*He karakia tēnei hei mihi ki ngā atua o te taiao, nā rātau ngā taonga
i wherawhera hei rāweke mā mātau.*

KOHIA ĒTAHI TAONGA O TE TAIAO HEI HANGA I TĒTAHI TŪMOMO TAONGA KAIMANAWA.



1 Haere ki waho ka kohikohi i ētahi tūmomo taonga o te taiao, he rau, he kōtatu, he rākau, he nati, he kākano, he putiputi rānei.

- Kawea he ipu hei pupuri i ēnei taonga.
- Kawea he pēke kirihau hei kohikohi i ngā rāpihi. ka kitea e koe i tāu haerenga.
- Pea me kohia ngā taonga e pā ana ki tētahi horopaki. (te ngahuru) ngā tau (kia 10 pea ngā taonga) te rahi (he iti pea, he roa rānei) te taumaha (kia taumaha, kua rānei) te kakano (kia angiangi pea).



2 Mahia tāu taonga kaimanawa

- Hangaia he pikitia, he whaiaro, he mekameka, he taonga kaimanawa.
- Ka taea e koe ki te tuku hei taonga mō tētahi atu, hei whakairi ki te kainga, hei whakairi ki te rūma ako.



Department of
Conservation
Te Papa Atawhai

New Zealand Government



SPORT
NEW ZEALAND
IHI AOTEAROA



Healthy Nature
Healthy People

KA TŪHONO KI TE MARAUTANGA

Ngā Toi

- Hangaia he toi me ngā taonga i kimihia e koe.
- Hangaia he taonga pūoro me ngā taonga.

Pangarau

- Wherawhera i āu taonga mā ngā rōpu, tae, āhua, hanga, taumaha, kakano hoki.
- Ine i te rerekētanga mai te taonga iti, ki te taonga rahi, mai te taonga iti te taumaha, ki tērā e nui ake te taumaha. He aha te waeine pai hei ine i ēnei?



Hauora

- Tuhia ēnei whakaaro ki tāu pukapuka taiao.
- Haere ki te hikoi ka torotoro atu ki tāu ake hāpori, me ngā tūmomo taonga rerekē.

Reo

- He aha tētahi kupu hei whakamārama i ngā taonga i kimihia e koe.
- Tuhia he rerenga, he pūrākau hei whakamārama tāu i kimi ai, i kimihia kīhea. Whakamahia ngā tūmomo rongo, ā-pā, ā-kakara, ā-oro ki te whakamārama ake.
- Tuhia he kupu whakarite mō ngā taonga.
- Hangaia he tohu hei whakairi ki te taha o ōu taonga. Whakamahia he īngoa Māori, he īngoa pūtaiao hoki.

Pūtaiao

Toro atu ki te titiro ki ngā taonga o tōu hoa ako.

- Mā te titiro ki tāu taonga, he aha ngā korero mō te taiao o roto i tōu kura?
- Ēhea ngā tūmomo rau, ngārara, manu, rākau, rerekē ka kitea?
- Matapakihia āu whakaaro mō te taiao o tōu kura mā te titiro ki ngā kohikohinga taonga. (he aha ngā momo mea taketake, ngā kai, ngā Rongoa, ngā mea, ngā mea whakauruhia? He aha ngā kararehe, manu, ngārara noho ai, kai ai i ngā rākau? Ko tēhea ngā rākau whakahekeheke, matawhakauri rānai?)

Tāngia, whakaīngoaia ngā pikitia o ōu taonga.

- Whakariterite i ōu taonga ki ōna āhuatanga, (taketake, nā te tangata i hanga, he ora, he mate rānei). Hei matapaki mā te akomanga i ngā mea ka hangaia, ngā mea o te taiao, o te ao Māori.
- Mātakihia tēnei hei matapaki, hei whanake i te rangahau.

FIVE WAYS TO WELLBEING

